



# Winter Rose News



FIFTH ISSUE, VOL 1.

AUGUST, 2009

## QUOTE OF THE MONTH:

***Riding: The art of keeping a horse between you and the ground.*** Author Unknown

***All I pay my psychiatrist is the cost of feed and hay, and he'll listen to me any day.*** Author Unknown

## AROUND THE BARN:

### **Updated Contact Information:**

Contact sheets have been put into the tack rooms; be sure to update your information (email, address, etc.) and return to the office.

### **Halter nametags:**

We are requesting that all horses have **nametags** on their turnout halters. Choices are to rivet on a brass plate or slide a dog tag on the side ring, either is fine. Please have a "tag" **by September 1st.**

I would like to just remind everyone to act safe when at the barn. Always be aware of what's around you, and ride smart.

Let's keep everyone safe while we enjoy riding!

## HORSECARE 101:

### **Treats, bribes and rewards:**

Horses like treats, and riders like to give their horses treats. That's fine - just as long as you're careful. Give safe treats - nothing that's bad for the horse. Give treats safely - on the flat of your hand instead of held in your fingers.

As long as your horse takes the treats politely and isn't grabby, you shouldn't have a problem. If he - or any other horse you ride - becomes grabby or nippy about treats, you can still feed him treats, but you should put them into his feed bucket instead of offering them in your hand.

And finally...If you want to give someone else's horse treats, ALWAYS get the horse owner's permission first!

Now, as to the difference between a bribe and a reward. Bribes don't work with horses because they really don't understand the concept. Bribes work best with humans, because humans CAN understand the concept: Bribing someone means giving them something they want BEFORE they do whatever it is that you want them to do. With a bribe, there's always a risk that the person will take the bribe and then not do what it was that you wanted - so even with humans, bribes aren't always very useful.

Rewards are useful with horses, because they understand the concept of getting something nice - a treat or a scratch or a pat or some praise - AFTER they do something that you want them to do. The reward functions as a "thank you" or gesture of appreciation, and lets your horse know that you approve of the action that just took place.



## FROM THE TRAINERS:

*Alicia McNeil*  
*(602) 318-4684*  
*asmequestrian@yahoo.com*



*Full Service Training*  
*Hunters - Jumpers - Equitation*  
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*Lessons and Seasonal Camps*

### **August's Rider Challenge**

Groomed to Perfection! I challenge all riders to take one day to pamper and groom your horse (or Aristo!) to perfection. Polish the hooves, trim the stray hairs, clean up the mane, shampoo/condition and comb thru the tail - the WORKS!!! Then, have a photo session - have a friend help 'stand-up' and pose your horse. Body shots are a great way to track progress of things like weight gain, muscle development, posture changes...even take a few shots of your horse's feet and examine them closely. It's a great way to really get-to-know your horse's body. A good horse-owner notices the changes and decides whether or not to make any modifications to diet, supplements, workouts, etc. The added benefit is quality time spent with your horse - this 'non-demanding' time means a lot to your equine partner. So add a lot of treats and love!!! Make it a monthly date with your horse...Enjoy ;-)

### **August's Tip Of The Month**

Blackstrap (sugar cane) Molasses added to water helps to hydrate horses - it's like a natural electrolyte. It's balanced in salts and sugars as well as many other minerals. A horse can lose up to 10 liters of water an hour in sweat and respiration. A good rule of thumb is that a horse should drink at least a gallon of water for every 100lb of body weight. But in a hot, humid environment, may need to drink 2-4 times that amount! Check the gum capillary refill time (should be less than 2sec.), skin tenting, pulse and respiration for signs of dehydration. Did you know that a horse's brain doesn't receive the signal to drink as quickly as a human's? Your horse's body gets the signal that it is thirsty when one of two things happens: either the blood volume drops, or the sodium *concentration* in the extracellular fluid increases - that is, it gets concentrated, or salty. Horses get the thirst signal more slowly than humans. This is because in humans, Na<sup>+</sup> is less concentrated in sweat, so sodium becomes more concentrated in the blood, and the thirst signal goes out quickly. In horses, the sweat glands are very poor at conserving Na<sup>+</sup> so even though the horse has lost a large amount of water and Na<sup>+</sup>, the signal does not go out for the horse to drink until a serious drop in blood volume occurs due to dehydration. Consequently, even though your horse is clearly dehydrated, when you lead him to water you can't make him drink! He's not stubborn - his body is just not giving him an early enough warning signal. Beware! You can give your horse too many electrolytes - ALWAYS offer plain water in addition to water with additives such as molasses or other products.

### **Other News...**

Sign up for lessons this week and next - space is limited due to the heat. Also, don't forget the 24 hr cancellation policy is in effect.

Lessons are available...

Tues - Sun anytime in the morning (5a-10a)

Wed and Friday evening (5p-9p)

Other lesson times may be available by request.

### **LEASE A HORSE**

The summer is a great opportunity to take advantage of lease offers. Most of the kids are out of school and can come ride a few extra days per week (and stay out of trouble! lol). There are several horses available to lease, and the leases are uncomplicated. Some of the lease fees include lessons! All of the leases are half-lease options, meaning that the leasor has access to the horse 3 days per week. For more information and to try the horses that are available, contact Alicia. Also, check the website ([www.asmequestrian.com](http://www.asmequestrian.com)) for more details.

## FROM THE TRAINERS:

Hunters ♦ Equitation  
Lessons ♦ Training ♦ Sales



Remington Hill

Melissa Duven

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Remington Hill wishes to congratulate Ryann Thomas on the recent purchase of "**WelKom**". *Welkom* is a 6 yr old Dutch WB gelding, recently imported from Holland. Be sure to watch for the both of them as they make their debut in the Pre-Green Hunters and Modified Hunters. We wish them a ton of success!

RHF proudly offers for sale: "**Hunter**" 17.1 hand, 16 yr old, bay, Dutch WB gelding. This gentleman has had tremendous success in the "A" circuit in both Children's Hunter and 3' Eq. divisions. He is a true confidence builder and professor-type! Would be a super Long Stirrup horse, or 2"6-2'9". Sound. Inquiries call Melissa (602) 819-3442 \$15K



RHF proudly offers for sale: "**Jake**" Jake is a 3 yr old, 15.3" hand chestnut, French TB geld. by "Atticus."--Jake never raced but Daddy holds the record for 1 mile! Outstanding conformation, movement and temperament. Started under saddle, free jumps the best! Great investment horse. Can be whatever he wants: *Hunter, Jumper, or Dressage*--unbelievable athleticism with a beautiful mind. Price will increase with training. \$15 K firm!

Other Sale horses available upon request. Happy to consign Sale horses upon approval.

**RHF Tip of the month:** When treating open wounds on animals with heavy drainage, spreading a thin coat of Vaseline on the areas below the drainage site helps prevent the "ooze" from burning healthy skin!

**RHF quote of the month:** "Be who you are and say what you will because those who mind don't matter and those who matter don't mind!" ~ Dr. Seuss

## FROM THE TRAINERS:



Stacey and Randy Tucker

[tuckerquarterhorse@msn.com](mailto:tuckerquarterhorse@msn.com)

Randy's Cell Phone: (602) 677-9506

Stacey's Cell Phone: (520) 405-9609



SR Tucker Quarter Horses, offering quality quarter horses for sale 4 months - 5 years old.

Picture of Simply All That, "Bree"

Please check out our website [www.srtuckerquarterhorses.com](http://www.srtuckerquarterhorses.com)  
For updated information on shows, news, and pictures/video.

Horsemanship lessons available for all ages: Summer Specials on lessons and training packages.

In celebration of Shark Week 2009 starting August 2nd, Randy took some great photos on our annual summer dive trip to share with everyone. Slide show can be seen on our website.



## FROM THE GROOMS:

Please be courteous to the other boarders and pick up after your horse makes a mess in the grooming or wash stall.

## COMINGS & GOINGS:

Lilly and Spot are back from vacation in the mountains.

Welcome LeeAnn Rudnyk and her TWH "Danny" in the North Barn.

Welcome Megan Reymer and her Am. Warmblood grey mare "Cherie" in the North Barn.

Welcome Cynthia Wells and "Toby" in the South Barn.

## UPCOMING EVENTS:

Sept. 26 - HUNT CUP SEPTEMBER, WestWorld, Scottsdale, AZ. A great way to start off the fall show season ... an affordable one-day Hunt Cup show! Don't worry about the heat ... with two covered arenas at Westworld, who cares that it's still 90+, degrees out! Both hunter and jumper classes will be offered!

Sept 26 -27 - 8:00 a.m. – Arizona Appaloosa Assn.-Fall Futurity Show, Westworld  
4 Judges - ApHC & NSBA Classes

OPEN BARREL RACING, Wednesdays, Arizona Horse Lovers Park, 6-9 p.m. For info (602) 534-4656.

SCOTTSDALE SADDLE CLUB GYMKHANA. Once a month at Phoenix Equestrian Center/Reach 11. Kathy Libonati at (623) 566-8732

RANCH SORTING PRACTICE, every Tuesday and Friday, 7 p.m. Tyler Wiese, 27413 N. 40th St., Cave Creek, AZ. (480) 242-2666.

## FOR SALE/TRADE:

*Saddle for sale! 18" Wide tree, 14 Karet Close contact jumping saddle. Like New! Contact Melissa (602) 819-3442 Asking \$700. Available to try.*

## THIS & THAT:



The Miniature Horse Association of Arizona would like to showcase the newest "mascot" of the Scottsdale AZ Mounted Unit. Her name is Queen of Hearts, known as Queenie to her friends. It seems even the Scottsdale Police Mounted Unit had to downsize like everyone else. Chief Rodbell of the Scottsdale Police Mounted Unit uses Queenie as the new model and mascot of the department.

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